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| ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** | ***Special Entree***St. Francis of Assisi Braintree Lunch MenuDecember 2016MENU SUBJECT TO CHANGE WITHOUT NOTICE(All Weekly Specials include the choice of the day’s fruit, veggie and milk)**Did you know…** \*Braintree Schools proudly supports local farming and fishing! The Fish-in-Chips on the menu is locally fished from the Gulf of Maine. It is also certified sustainable by GMRI – the Gulf of Maine Research Institute, meaning the fisherman catch in moderation, allowing the fish population to remain steady over time. We thank *North Coast Seafoods* for providing this delicious seafood.Available as entrée choices everyday: PB & J sandwich with graham crackers and cheese stickFresh Garden Salad with Pita Bread |
|  You can now prepay and check balances and transactions online! Go to [www.myschoolbucks.com](http://www.myschoolbucks.com) to register. This institution is an equal opportunity provider  | Price of lunch: **$3.25** (free and reduced price $0.40 meals available for families that qualify)Al a Carte Milk: $0.50**Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.****Price for the month of December is $48.75** | Applications for free or reduced meals available at school office and at [www.braintreeschools.org](http://www.braintreeschools.org)Contact Megan Ahrenholz, RD with questions or comments at mahrenholz@braintreema.govOr 781-848-4000x7045. | 1Homemade Beef Chili in a Bread Bowl Shredded Cheese Tostitos Baked Scoops Steamed Broccoli Applesauce  |  2Personal Pizza Carrot Sticks Pepper Slices Creamy Ranch Hummus Fresh FruitCookie  | **Tuna salad on a hamburger roll** |
| **5**Unbelievably Good Homemade LasagnaBreadstickSteamed Broccoli Florets  | 6Grilled Cheese SandwichHomemade Southwest Tortilla Soup Candied Honey Cinnamon Chic Peas Green Beans Applesauce  | 7American Chop Suey Garden Side Salad Smiley FriesFresh Orange “smiles”C:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\OSJ00ABP\orange-fruit-5643-large[1].png | 8**\*Fish-In-chips**Acadian Red fish breaded in Cape Cod potato chipsBaked Krinkle Cut French fries Homemade cole slaw redfish 222Choice of condiment (tartar sauce, BBQ Sauce, or ketchup)Dinner rollFresh Fruit  | 9Stuffed Crust Pizza Carrot SticksPepper Slices Zesty Buffalo Bean dip Fresh Fruit Cookie  | **Choco-Sunbutter & Banana wrap**Sunflower butter and sliced fresh bananas with a sprinkling of mini chocolate chips rolled into a whole wheat wrap **C:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\U4ZH7UP0\banana[1].jpg** |

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| 12Chicken NuggetsCorn Green Beans Pasta CondimentsFruit | 13Ribbq on a WW Bun Tomato and lettuce toppers Pickles CondimentsHomemade Baked Beans Pears  | 14Homemade whole wheat creamy Mac & Cheese Carrot coins Green Beans Peaches  | 15Personal PizzaBaby Carrots Celery Cherry Tomatoes Light ranch DipCookie  | 16Half DayNo Lunch servedC:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\OSJ00ABP\cantar[1].gif | Ham & cheese sub |
| 19Chicken Fajita Cheese Salsa Corn Mixed Fruit  | 20Pulled Pork on a Roll Tomato & Lettuce Toppers Baked Potato Wedges KetchupCrispy Crunchy Chic Peas Orange Smiles | 21Whole Wheat Spaghetti Offered with meatsauce or meatless sauceHomemade Kale chips Fruit  | 22Domino’s Pizza Assorted Fresh Veggies Light Ranch DipCookie Fresh Fruit  | 23**Half Day****No Lunch served****Merry Christmas!****C:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\OSJ00ABP\christmas-tree-clip-art-LTKdEy5Ta[1].png** | **Buffalo Bill Chicken Wrap**Diced chicken in spicy buffalo sauce served with lettuce in a wheat tortilla |