**Nurse’s Newsletter**

September 2015

Hello everyone and I hope you had a wonderful summer with family and friends. My best wishes for a happy and productive new school year. I am looking forward to working with you and with your children this year, and I appreciate your assistance in keeping your children healthy. With that in mind:

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**Documents needed that are mandated by law for School Records**

* Please respond to letters requesting your child’s documentation of immunizations and physicals.
* Please send documents as soon as possible.
* Thank you to those who have responded.

**Absence Policy for call-in, notes, and doctor’s note**

* The parent/guardian must call the absentee phone 781.848.0842 X30, when the child will be absent.
* If a call is not received, parents/guardians will be contacted to ensure the safety of the child.
* State Law requires a note be sent, upon a child’s returning to school. The note explains the reason for the student’s absence.
* When a child is absent do to a communicable disease or absent 3 or more days, a doctor’s note permitting the child’s return to school is required before the child is able to return to school.

**Medication Policy**

* Signed Consent Form by parent/guardian.
* Signed Medication Order from medical provider.
* Medicines must be brought to the school by parent/guardian or a designated adult in original labeled container from the pharmacy.
* Children are not permitted to bring medication to the school.

**Food Allergy Policy**

* Many children have food allergies. Please read the ingredient’s label on food packaging. In order to reduce the risk of exposure, we ask your cooperation by not sending the following snacks into the classroom such as: Peanuts

Peanut Oil

Nut Products

Cheese or Dairy products

Peanut Butter Crackers

Cheese Crackers

Doritos, Cheese Curls, Cheez-its, Puddings, Yogurt



**Lunch Food**

* Children are not allowed to share any food with their classmates.
* The above foods however will be allowed at lunch, since there will be a dairy-nut free table available for children who need it.
* It may be helpful to parents/guardians of children with food allergies or other food concerns regarding lunch to speak with Megan Arenholz, Food Service Director at 781-380-0144.
* Allergy information may be entered into the computer register. The register allows checking to determine, if food is appropriate as the child passes through the line.

**Emergency Cards**

* Please complete both sides and return ASAP. Thank you to all who have sent them in already.

***Kathleen Barber, RN***