## **The Five Finger Rule**

By using this method you can independently choose an appropriate book that is just right for you!

- 1. Pick a book of interest
- 2. Open the book to any page
- 3. Start reading the page
- 4. Hold up one finger for EVERY word that you do not know the meaning of or that you have a great deal of difficulty reading.



0-1 Fingers – The book is to EASY



2 -3 Fingers – The book is at the INTEREST level.



4 Fingers – The book is at the CHALLENGE level.



5 Fingers – The book is at FRUSTRATION level and is not a good choice for now.

Interest Level is the most comfortable level for readers to read independently. If readers choose a challenging book, they will need help with their reading.