| Monday | Tuesday | Wednesday | Thursday | Friday | Special Entrée of the WeekSt. Francis of Assisi School Lunch MenuOctober 2017MENU SUBJECT TO CHANGE WITHOUT NOTICEDid you know…**October 9-13 is National School Lunch Week!**National School Lunch began in 1946 when recruits for WWII were found to be undernourished.About 7.1 million children participated in the National School Lunch Program in its first year. Today, over 30 million students enjoy school lunches every day.NSLW2017-Artwork-Recipes for Success BLUEAvailable as entrée choices everyday: PB & J sandwich with graham crackers and cheese stickFresh Garden Salad with Pita BreadYou can now prepay and check balances and transactions online! Go to [www.myschoolbucks.com](http://www.myschoolbucks.com) to register. This institution is an equal opportunity provider |
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| 2Creamy Homemade Mac & Cheese Green Beans Carrot Coins Fresh Fruit  | 3Sloppy Joe on a Bun Homemade Baked Beans Roasted Red Potatoes Apple or blueberry Crisp | 4Chicken Potato BowlCreamy Mashed potatoes, topped with Whole grain coated popcorn chicken, Corn niblets , with or without gravyWhole grain Dinner RollFresh Fruit Cup  | 5Meatball SubGarden Side Salad Light Ranch DressingMixed Veggies Fruit | 6Domino’s Pizza Baby Carrots Fresh Broccoli florets Creamy Ranch Hummus dip Cookie | Chef SaladSlice ham, turkey and hard boiled eggs with peppers and tomatoes on a bed of iceberg and Romaine lettuce |
| 9Columbus DayNo SchoolNational School Lunch Week! C:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\DNVPZKSW\NinaPintaSantaMaria[1].jpg | 10 Soft Taco Cheese Salsa Shredded Romaine Lettuce Corn Lowfat Sour Cream Peaches  |  11Penne Pasta With or without meatballs & sauce Garden Side Salad Fresh Grapes | 12Hot Dog on a BunPickles CondimentsHomemade Baked Beans Fresh Watermelon | 13Personal Pizza Baby Carrots Green Pepper Slices Lite Ranch DipAssorted fresh and cupped fruit Cookie  | **Earthy Crunchy Wrap** A whole wheat tortilla filled with creamy Sunflower butter, Crisp matchstick carrots, plump sweet raisins and crunchy sunflower seeds  |
| 16Chicken Florentine Pasta Soft Garlic BreadstickGarden Side Salad Dressing Homemade Kale Chips Fruit | 17Choice of Hamburger or Cheeseburger on a WW Bun Tomato and lettuce toppersPickles CondimentsHomemade Baked Beans Pears  | 18Grilled Cheese SandwichTomato Soup Pepperidge Farm cheddar Goldfish crackers Applesauce  | 19French Toast Sticks SyrupSausage Tater Tots Fresh Orange Smiles Ketchup | 20Big Daddy’s Pizza Baby CarrotsCelery Light ranch DipCookie  | Ham and Cheese Sub |
| 23Ham & Cheese Flatbread Sandwich Pickles Steamed Broccoli Florets Condiments Warm Blueberry crispFruit  | 24Pulled Pork on a whole wheat bunHomemade Baked Beans CondimentsPickles Choice of Pudding with or without topping |  25Half Dayredfish 222No Lunch Served | 26**Fish-In-chips**Acadian Red fish breaded in Cape Cod potato chipsBaked Krinkle Cut French fries Homemade cole slaw Choice of condiment (*tartar sauce, BBQ Sauce, or ketchup)*Dinner rollFresh Fruit  | National Chocolate Day! 27Domino’s Smart Slice Pizza Pears Baby Carrots Green Pepper Slices Cherry Tomatoes Lite Ranch DressingCookie  | **Choco-Sunbutter & Banana Wrap**Sunflower butter and sliced fresh bananas with a sprinkling of mini chocolate chips on a wheat wrap |
| 30American Chop Suey Smile Fries Fresh Orange “Smiles”  | Halloween! 31“Bat Wings” (Chicken nuggets) Monster Goo (BBQ sauce)Boo-licious Broccoli Salad Trick or Treat Tater Tots Frightening Fruit Choice of “Murky” Milk | Price of lunch: **$3.25** (free and reduced price $0.40 meals available for families that qualify)Al a Carte Milk: $0.50 | **Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.** | Applications for free or reduced meals available at school office and at [www.braintreeschools.org](http://www.braintreeschools.org)Contact Megan Ahrenholz, RD with questions or comments at mahrenholz@braintreema.govOr 781-848-4000 x 7045 | Buffalo Bill Chicken Wrap  |