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| ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** | ***Special Entrée*** St. Francis of Assisi School Lunch Menu**May 2016**MENU SUBJECT TO CHANGE WITHOUT NOTICE(All Weekly Specials include the choice of the day’s fruit, veggie and milk)**Did you know…**May is National Physical Fitness and Sports Month. Physical activity is an essential part of being healthy. To celebrate physical fitness and sports, take some time each day to play outside in the sun, ride a bike, or even get ACTIVE with jumping jacks or a hula-hoop. Every activity counts as a step to better health!**Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.**Contact Megan Ahrenholz, RD with questions or comments at mahrenholz@braintreema.gov or 781-794-8473This institution is an equal opportunity provider***Grades 6-8 only*** |
| **2**Teriyaki Chicken Rice BowlOriental Veggies Steamed Broccoli Mandarin OrangesFortune Cookie | National Teacher Day  **3**Oven Roasted Chicken Green Beans Dinner Roll  | **4**Sloppy JoesBaked FriesHoney Glazed Carrot Coins PeachesJell-O with or without topping |  **Cinco De Mayo! 5**Taco on a soft shellCheeseSalsa Shredded Romaine Lettuce Refried Beans with Melted Cheese Light Sour Cream | **6**Personal Pizza Baby Carrots Celery Sticks Cucumber circles Light Ranch DipCookie Fruit  | **Turkey & Cheese on a Sub Roll** |
| 9Chicken Nuggets Spiral Pasta Corn Green Beans Condiments Warm Apple Slices with Cinnamon  | 10Hot Dog on a bun Roasted Red Potatoes Homemade cole slaw Choice of condiment Fresh Watermelon Wedge | 11French Toast Sticks Sausage Links SyrupBlueberry dipping sauceApple SauceRoasted Sweet potatoes with Cinnamon & Brown SugarFruit | 12Choice of Hamburger or Cheeseburger on a WW Bun Tomato & lettuce toppersPickles CondimentsHomemade Baked Beans Fruit |  13Stuffed Crust Pizza Baby Carrots Fresh Broccoli Florets Light Ranch dressingFresh Fruit Cookie  | **Tuna Salad on a Hamburger Roll**  |
| 16Chicken Fajita Cheese SalsaCorn Peaches  |  17Pulled Pork Sandwich on a Bun Homemade Baked Beans Roasted Cauliflower Fresh Watermelon Wedge  | 18Crispy Chicken Patty on a Bun Tomato and lettuce toppers Steamed Broccoli CondimentsFruit Warm Cinnamon Apples  | 19American Chop Suey Smile Fries Apple Crisp  | National Pizza Party Day 20Domino’s Pizza Baby Carrots Celery Sticks Cucumber circles Light Ranch DipCookie Fruit | **Southwestern Chicken Salad**Fajita Seasoned chicken strips, tomatoes, cucumbers & cheese served on a Romaine Iceberg blend with a side of Salsa & Light ranch dressing |
| 23Spicy Thai Noodles Steamed Broccoli Mandarin Oranges Fortune Cookie | 24RiBBQ on WW Bun Lettuce & Tomato Topper Baked Krinkle Cut French fries Steamed Carrots Apple Crisp  | 25Whole Wheat Spaghetti with or without Meatsauce BreadstickFresh Garden Side Salad DressingPeaches  | 26Personal Pizza Baby Carrots & Celery Sticks Cucumber circles Light Ranch DipCookie Fruit  | 27**Half Day****No Lunch served** | **Lunch Muncher**Cheddar goldfish crackersDinner rollHamCheeseTurkeyFruit |
| 30Memorial DayNo schoolamerican-flag-clip-art-waving-waves[1] | 31**Fish-In-chips**Acadian Red fish breaded in Cape Cod potato chipsRoasted Red Potatoes Homemade cole slaw Choice of condiment redfish 222Dinner rollFresh Fruit |  You can now prepay and check balances and transactions online! Go to [www.myschoolbucks.com](http://www.myschoolbucks.com) to register. This institution is an equal opportunity provider  | Price of lunch: $3.00 (free and reduced price $0.40 meals available for families that qualify)Al a Carte Milk: $0.50**Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.****Price for the month of May is $60.00.** | Applications for free or reduced meals available at school office and at [www.braintreeschools.org](http://www.braintreeschools.org)Contact Megan Ahrenholz, RD with questions or comments at mahrenholz@braintreema.govOr 781-794-8473. | Available as entrée choices everyday: PB & J sandwich with graham crackers and cheese stickFresh Garden Salad with Pita Bread |