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| ***Monday*** | ***Tuesday*** | ***Wednesday*** | ***Thursday*** | ***Friday*** | ***Special Entrée***  St. Francis of Assisi School Lunch Menu  **May 2016**  MENU SUBJECT TO CHANGE WITHOUT NOTICE  (All Weekly Specials include the choice of the day’s fruit, veggie and milk)  **Did you know…**  May is National Physical Fitness and Sports Month. Physical activity is an essential part of being healthy. To celebrate physical fitness and sports, take some time each day to play outside in the sun, ride a bike, or even get ACTIVE with jumping jacks or a hula-hoop. Every activity counts as a step to better health!  **Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.**  Contact Megan Ahrenholz, RD with questions or comments at [mahrenholz@braintreema.gov](mailto:mahrenholz@braintreema.gov)  or 781-794-8473  This institution is an equal opportunity provider  ***Grades 6-8 only*** |
| **2**  Teriyaki Chicken Rice Bowl  Oriental Veggies  Steamed Broccoli  Mandarin Oranges Fortune Cookie | National Teacher Day  **3**  Oven Roasted Chicken  Green Beans  Dinner Roll | **4**  Sloppy Joes  Baked Fries  Honey Glazed Carrot Coins  Peaches  Jell-O with or without topping | **Cinco De Mayo! 5**  Taco on a soft shell  Cheese  Salsa  Shredded Romaine Lettuce  Refried Beans with Melted Cheese  Light Sour Cream | **6**  Personal Pizza  Baby Carrots  Celery Sticks  Cucumber circles  Light Ranch Dip Cookie  Fruit | **Turkey & Cheese on a Sub Roll** |
| 9  Chicken Nuggets  Spiral Pasta  Corn  Green Beans  Condiments  Warm Apple Slices with Cinnamon | 10  Hot Dog on a bun  Roasted Red Potatoes  Homemade cole slaw  Choice of condiment  Fresh Watermelon Wedge | 11  French Toast Sticks  Sausage Links  Syrup  Blueberry dipping sauce  Apple Sauce  Roasted Sweet potatoes with Cinnamon & Brown Sugar  Fruit | 12  Choice of Hamburger or Cheeseburger on a WW Bun  Tomato & lettuce toppers  Pickles  Condiments  Homemade Baked Beans  Fruit | 13  Stuffed Crust Pizza  Baby Carrots  Fresh Broccoli Florets  Light Ranch dressing  Fresh Fruit  Cookie | **Tuna Salad on a Hamburger Roll** |
| 16  Chicken Fajita  Cheese  Salsa  Corn  Peaches | 17  Pulled Pork Sandwich on a Bun  Homemade Baked Beans  Roasted Cauliflower  Fresh Watermelon Wedge | 18  Crispy Chicken Patty on a Bun  Tomato and lettuce toppers  Steamed Broccoli  Condiments  Fruit  Warm Cinnamon Apples | 19  American Chop Suey  Smile Fries  Apple Crisp | National Pizza Party Day 20  Domino’s Pizza  Baby Carrots  Celery Sticks  Cucumber circles  Light Ranch Dip Cookie  Fruit | **Southwestern Chicken Salad**  Fajita Seasoned chicken strips, tomatoes, cucumbers & cheese served on a Romaine Iceberg blend with a side of Salsa & Light ranch dressing |
| 23  Spicy Thai Noodles  Steamed Broccoli  Mandarin Oranges  Fortune Cookie | 24  RiBBQ on WW Bun  Lettuce & Tomato Topper  Baked Krinkle Cut French fries  Steamed Carrots  Apple Crisp | 25  Whole Wheat Spaghetti with or without Meatsauce  Breadstick  Fresh Garden Side Salad  Dressing  Peaches | 26  Personal Pizza  Baby Carrots & Celery Sticks  Cucumber circles  Light Ranch Dip Cookie  Fruit | 27  **Half Day**  **No Lunch served** | **Lunch Muncher**  Cheddar goldfish crackers  Dinner roll  Ham  Cheese  Turkey  Fruit |
| 30  Memorial Day  No school  american-flag-clip-art-waving-waves[1] | 31  **Fish-In-chips**  Acadian Red fish breaded in Cape Cod potato chips  Roasted Red Potatoes  Homemade cole slaw  Choice of condiment  redfish 222Dinner roll  Fresh Fruit | You can now prepay and check balances and transactions online! Go to [www.myschoolbucks.com](http://www.myschoolbucks.com) to register.  This institution is an equal opportunity provider | Price of lunch: $3.00 (free and reduced price $0.40 meals available for families that qualify)  Al a Carte Milk: $0.50  **Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.**  **Price for the month of May is $60.00.** | Applications for free or reduced meals available at school office and at [www.braintreeschools.org](http://www.braintreeschools.org)  Contact Megan Ahrenholz, RD with questions or comments at [mahrenholz@braintreema.gov](mailto:mahrenholz@braintreema.gov)  Or 781-794-8473. | Available as entrée choices everyday:  PB & J sandwich with graham crackers and cheese stick  Fresh Garden Salad with Pita Bread |