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| --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Special Entrée of the Week** |
| Price of lunch: $3.00 (free and reduced price $0.40 meals available for families that qualify)  Al a Carte Milk: $0.50  **Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.** | Available as entrée choices everyday:  PB & J sandwich with graham crackers and cheese stick  Fresh Garden Salad with Pita Bread | 1  Taco on a soft shell  Cheese  Salsa  Shredded Romaine Lettuce  Corn  Light Sour Cream | 2  Crispy Chicken Patty on a Bun  Tomato and lettuce toppers  Steamed Broccoli  Condiments  Fruit  Warm Cinnamon Apples | 3  Stuffed Crust Pizza  Baby Carrots  Celery sticks  Homemade Ranch Hummus  Lite Ranch Dip  Fresh Fruit  Cookie | **Tuna on a bun**  C:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\U4ZH7UP0\summer2[1].jpg |
| **6**  French Toast Sticks  Sausage Links  Syrup  Blueberry dipping sauce  Apple Sauce  Tater Tots  Fruit | 7  Teriyaki chicken Rice Bowl  Oriental Veggies  Steamed Broccoli  Mandarin Oranges  Fortune Cookie | 8  Unbelievably Good Homemade Lasagna  Breadstick  Carrot Coins | 9  Chicken Nuggets  Dinner Roll  Crispy Crunchy Chic Peas  Green Beans  Condiments  Warm Apple Slices with Cinnamon | 10  Personal Pizza  Baby Carrots Celery Sticks  Cucumber circles  Light Ranch Dip Cookie  Fruit | **Choco-Sunbutter & Banana Wrap**  Sunflower butter and sliced fresh bananas with a sprinkling of mini chocolate chips on a wheat wrap |
| **13**  Chicken Fajita  Cheese  Salsa  Corn  Peaches | 14  Hot Eggs, Ham & cheese on a bagel  Steamed Broccoli  Baked Beans  Orange Juice | 15  Hot Dog on a bun  Baked Beans  Homemade cole slaw  Choice of condiment  Fresh Watermelon Wedge | 16  Domino’s Pizza  Assorted Fresh Veggies Light Ranch Dip Cookie  Fruit | 17  HALF DAY  No Lunch served  C:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\DNVPZKSW\sun[1].jpg | **Southwestern Chicken Salad**  Fajita Seasoned chicken strips, tomatoes, cucumbers and cheese served on a Romaine Iceberg blend with a side of Salsa and Light ranch dressing |

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This institution is an equal opportunity provider.

**Braintree**

**SFAB Elementary School Lunch Menu**

June 2016

MENU SUBJECT TO CHANGE WITHOUT NOTICE

**Did you know?**

June is National Dairy Month. Dairy products are an important component of our daily diets. They provide us with Calcium, Vitamin D, protein and many more nutrients that are good for our health. Children ages 4-18 should aim for 2.5-3 cups of low fat dairy products per day.

Applications for free or reduced meals available at school office and at [www.braintreeschools.org](http://www.braintreeschools.org)

Contact Megan Ahrenholz, RD with questions or comments at [mahrenholz@braintreema.gov](mailto:mahrenholz@braintreema.gov)

Or 781-794-8473.