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| --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Special Entrée of the Week** |
|  Price of lunch: $3.00 (free and reduced price $0.40 meals available for families that qualify)Al a Carte Milk: $0.50**Milk and assorted veggies and fresh and cupped fruit is included at every meal every day.** | Available as entrée choices everyday: PB & J sandwich with graham crackers and cheese stickFresh Garden Salad with Pita Bread | 1Taco on a soft shellCheese Salsa Shredded Romaine Lettuce Corn Light Sour Cream | 2Crispy Chicken Patty on a Bun Tomato and lettuce toppers Steamed Broccoli CondimentsFruit Warm Cinnamon Apples  | 3Stuffed Crust Pizza Baby Carrots Celery sticks Homemade Ranch Hummus Lite Ranch Dip Fresh FruitCookie  | **Tuna on a bun**C:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\U4ZH7UP0\summer2[1].jpg |
| **6**French Toast Sticks Sausage Links SyrupBlueberry dipping sauceApple SauceTater Tots Fruit | 7Teriyaki chicken Rice BowlOriental Veggies Steamed Broccoli Mandarin Oranges Fortune Cookie | 8Unbelievably Good Homemade LasagnaBreadstickCarrot Coins  | 9Chicken Nuggets Dinner Roll Crispy Crunchy Chic Peas Green Beans Condiments Warm Apple Slices with Cinnamon  | 10Personal Pizza Baby CarrotsCelery Sticks Cucumber circles Light Ranch DipCookie Fruit  | **Choco-Sunbutter & Banana Wrap**Sunflower butter and sliced fresh bananas with a sprinkling of mini chocolate chips on a wheat wrap |
| **13**Chicken Fajita Cheese Salsa Corn Peaches  | 14Hot Eggs, Ham & cheese on a bagel Steamed Broccoli Baked Beans Orange Juice  | 15Hot Dog on a bun Baked Beans Homemade cole slawChoice of condiment Fresh Watermelon Wedge |  16Domino’s Pizza Assorted Fresh VeggiesLight Ranch DipCookie Fruit  |  17HALF DAYNo Lunch servedC:\Users\mahrenholz\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\DNVPZKSW\sun[1].jpg | **Southwestern Chicken Salad**Fajita Seasoned chicken strips, tomatoes, cucumbers and cheese served on a Romaine Iceberg blend with a side of Salsa and Light ranch dressing |

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**Braintree**

**SFAB Elementary School Lunch Menu**

June 2016

MENU SUBJECT TO CHANGE WITHOUT NOTICE

**Did you know?**

June is National Dairy Month. Dairy products are an important component of our daily diets. They provide us with Calcium, Vitamin D, protein and many more nutrients that are good for our health. Children ages 4-18 should aim for 2.5-3 cups of low fat dairy products per day.

Applications for free or reduced meals available at school office and at [www.braintreeschools.org](http://www.braintreeschools.org)

Contact Megan Ahrenholz, RD with questions or comments at mahrenholz@braintreema.gov

Or 781-794-8473.