





Monday	Tuesday	Wednesday	Thursday	Friday	Special Entrée of the Week
1 No School Bishop's Day Off	2 Mini Burgers Condiments Oven Baked French Fries Carrot Coins Pears 	3 Fish nuggets Tartar Sauce Homemade Cole slaw Potato Wedges Applesauce	4 Stuffed shells with sauce Fresh Garden Salad Light Ranch Dressing on the side Steamed Broccoli Fresh orange slices	5 Personal pizza Baby Carrots Cucumber Circles Creamy Ranch Hummus Light Ranch Dressing Apple Fruit Crisp	South West chicken salad Fajita seasoned chix on a bed of fresh greens, served with Light ranch dressing, salsa, whole wheat pita bread and goldfish
8 Red Sox home opener "Home Run" Hot dog in a bun "Bases loaded" Baked beans "top of the inning" Tator tots Condiments "Play Ball!" Pickles "pop fly" Peaches 	9 Grilled Chicken Breast on a bun Tomato and lettuce toppers Pickles Condiments Oven Baked French Fries Raisins	10 Ribbq on a hamburger bun Tomato and lettuce toppers Potato Wedges Broccoli salad Assorted fresh and cupped fruit	11 French Toast Sticks Syrup Sausage Baked Sweet potatoes with Cinnamon and Brown Sugar Tator Tots Strawberries or Peaches	12 Domino's Smart Slice pizza Baby Carrots Cucumber Circles Lite Ranch Dip Creamy Ranch Hummus Cookie Assorted fresh and cup fruit	Lunch Muncher Ritz or Saltine Crackers Ham, Turkey, cheese Fresh Veggies Peaches or other fruit
April 15-19 April Vacation					
22 Hamburger on a WW Bun Tomato and lettuce toppers Pickles Condiments Potato Wedges Assorted Fresh and Cupped Fruit	23 Chix fajita Salsa Rice Refried beans Corn Peaches	24 American Chop Suey Smile fries or potato wedges Orange Smiles Green Peas 	25 Turkey Dinner Gravy Cranberry Sauce Dinner Roll Sweet potatoes with Cinnamon and Brown sugar Steamed Broccoli Applesauce	26 Personal Pizza Baby Carrots Cucumber Circles Lite Ranch Dip Creamy Ranch Hummus Cookie Assorted fresh and cup fruit	Chicken Caesar Salad Wrap
29 Chicken nuggets Dinner roll Green Beans Tator tots Fruit Cup	30 Soft Taco Cheese Salsa Refried beans Shredded Romaine Lettuce Lowfat Sour Cream Peaches	Applications for free or reduced meals available at school office and at www.braintreeschools.org Contact Megan Ahrenholz, RD with questions or comments at mahrenholz@braintreema.gov Or 781-380-0144.	You can now prepay and check balances and transactions online! Go to www.myschoolbucks.com to register.	Price of lunch: \$2.60 (free and reduced price \$0.40 meals available for families that qualify) Al a Carte Milk: \$0.50 Milk and assorted fresh and cupped fruit is included at every meal every day. Price for the month of April is \$41.60	Chicken Salad on a Hamburger

St. Francis of Assisi Lunch Menu

April 2013

MENU SUBJECT TO
CHANGE WITHOUT
NOTICE
(All Weekly Specials
include the fruit, veggie and
milk)

**Did you know ... April is
Garden month and
National Humor month
and Stress Awareness
month?** Eating right by

eating Garden fresh fruits and
veggies is always a good idea.
And telling a few humorous
jokes while working in a
garden will help relieve stress
too. Try these jokes out for
stress relief:

Q: What kind of nuts always
seem to have a cold?

A: Cashews!

Q: Why did the banana go to
the Doctor?

A: Because it wasn't peeling
well!

For more kids' food jokes
check out

http://www.ducksters.com/joke_sforkids/food.php



Available as entrée choices
everyday:
PB & J sandwich with graham
crackers and cheese stick
Fresh Garden Salad with Pita
Bread