



# Saint Francis of Assisi School

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[www.sfab.org](http://www.sfab.org)

From the desk of  
Mrs. Weatherby

### *St. Francis of Assisi Mission Statement*

*We are a Catholic community of faith striving to follow Jesus, pledging each day to do our best by imitating St. Francis of Assisi as "instruments of peace." Our goal is to maintain a safe and healthy environment and to be academically prepared for this technological age.*

## WELCOME BACK TO SCHOOL.

It doesn't feel like fall yet, but soon enough the weather will be turning cooler and the leaves will be turning colors. Fall is an exciting time of year with all the activities going on, especially in school.

This fall we will resume the "Walking Club" and hope that many of our students will sign up. It is a great way to start the day. We walk around the small parking lot 6 times on Monday, Wednesday and Friday. Friday is the fun day when we can be silly and walk, skip, jump etc. It is a great way to improve oxygenation to the brain which improves learning capabilities.

I will also resume the Fluoride rinses for grades 3, 4, and 5. This is done once a week. Both of the above activities require parental permission and I will be sending forms home soon.

### **Please remember the following:**

- ❖ Dress children properly for unexpected weather. A light sweater or an umbrella in their backpack would add to their comfort.
- ❖ If your child does not feel well in the morning or the night before, please keep them home. This is important to prevent the spread of illnesses.
- ❖ **If your child is to be absent, please be sure to notify the school either the night before the absence or in the morning. It is absolutely necessary, as noted in the student handbook. You may leave a message on my voice mail at: (781)848-0842 ext, 30. This will avoid my having to make several calls to the Parents/guardians.**
- ❖ Medications can be delivered to me in the school by parents this week. I will have forms that, as many of you know, may require the signature of a physician.

Thank you for your cooperation and I hope everyone had a happy, safe summer.

If you have any questions please feel free to call me at the above number, and ext. 11.