

St. Francis of Assisi Lunch menu

February 2008

	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
	Price of lunch: \$2.50 Milk: \$.50			Super Bowl Weekend 1 NO Lunch served
4 Deluxe Chicken Fajita Lettuce and tomato Salsa Rice Corn Pears Choice of Milk	5 Hamburger or Cheeseburger on a bun Condiments Mixed Veggies Pickles Peaches Animal Crackers Choice of Milk	6 Ash Wednesday Pancakes Syrup Honey Roasted Sunflower Seeds Cheese cubes Fruit Orange Juice Choice of Milk	Chinese New Year! Beef Teriyaki Dippers Rice Pineapple Green Beans Fortune Cookie Baked Doritos Strawberry Kiwi Juice- NEW! Choice of Milk	7 8 Pizza Baby Carrots Light Ranch Dip Fresh Grapes Cookie Choice of Milk
11 Homemade Creamy Macaroni and Cheese Green Beans Strawberries with Whipped Topping Dinner Roll Choice of Milk	12 Sloppy Joe on a bun Mixed Veggies Fresh apple Cake with frosting Choice of Milk	13 Chili Cheese, shredded Cornbread Carrot coins Applesauce Pretzels Choice of Milk or Cookies 'n' Cream Sweetheart Shake!	Happy Valentine's Day! 14 Heart Chicken Nuggets Delightful Dipping Sauces Pretty Peaches Cupid Corn Heart shaped Soft Pretzel Valentine cookie Choice of Milk	15 Pizza Assorted Fruits and/or veggies Dessert Choice of Milk
18 NO SCHOOL	19 February vacation! ☺	20	21	22
25 Chicken Patty on a bun Spiral Noodles Mixed Fruit Corn Choice of Milk	26 Deluxe Nachos Lettuce and Tomato Salsa Rice Fresh Orange Wedges Choice of Milk	27 Spaghetti Meatsauce Tossed Salad Breadstick Apple Slices with Cinnamon Choice of Milk	28 Deli Day! Turkey and Cheese Sub Baked Doritos Pears Green Beans Choice of Milk or Smooth STRAWBERRY SHAKE!	29 Pizza Carrot and Celery Sticks (6 oz) Light Ranch Dip Cookie Choice of Milk

MENU SUBJECT TO CHANGE WITHOUT NOTICE Did you know...February 7, 2008 is the Chinese New Year? This is the year of the Rat. The color red is good luck in the Chinese culture- if you buy lunch at school on February 7, maybe the strawberry kiwi juice that comes with it will turn your tongue red and you will have good luck! Red is also the color for National Heart Month, which is in February. Do your heart a favor and buy a balanced lunch at school, and make sure to get at least 30 minutes of exercise everyday to keep you heart in tip top shape!

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